



GOOD FRIDAY
Three Hour Vigil

*The Stations, including the
Seven Last Sayings of our Saviour from the Cross
with Meditations*

12 noon - 3.00 pm

Welcome to Waiapu Cathedral
A place of resurrection, life and hope

Dean of Waiapu
The Very Reverend Di Woods

Director of Music
Anthony Tattersall
with the Waiapu Cathedral Choir and the Cathedral Strings

Music includes
Last Words – A Sacred Cantata for Good Friday
by Michael Myrick

Reflections
Based on the work of the Rev'd Dr Howard Pilgrim

You are welcome to stay for all of this three-hour vigil, or to come and go.
The hymns are from Common Praise, the blue hymn book in the pews.
During the service, there will be periods of silence.
There are toilets in the foyer and glasses of water on the back table.
You are welcome at any time to light a candle at the votive candle stands.

We all have/had mothers. Jesus had a mother. The Stations of the cross pick up a mother's love and anguish as she watches her son being led to his death. In the stations we see through Mary's eyes what Jesus was going through on the way to Calvary.

At each station there is Mary's reflection, and a prayer followed by the Taize chant.

As we walk the Stations, feel free to sit or join as you wish.

Welcome *Dean Di Woods*

This chant will be sung at each station:

**Oh, Lord hear my prayer, oh Lord, hear my prayer
When I call answer me.
Oh Lord, hear my prayer, oh Lord, hear my prayer,
Come and listen to me.**

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|-------------------|--|
| Station 1 | Jesus is condemned to die |
| Station 2 | Jesus takes his cross |
| Station 3 | Jesus falls the first time |
| Station 4 | Jesus meets his grieving mother |
| Station 5 | Simon helps Jesus carry his cross |
| Station 6 | Veronica wipes the face of Jesus |
| Station 7 | Jesus fall the second time |
| Station 8 | Jesus speaks to the women |
| Station 9 | Jesus falls the third time |
| Station 10 | Jesus is stripped of his garment |
| Station 11 | Jesus is nailed to the cross |

The choir and strings join us for the Words from the Cross.

You are welcome to remain for the next part of our service, or come and go as you please...

Psalm 22

Chanted by the Cathedral Choir

- 1 My God, my God, why have you forsaken me?
Why are you so far from helping me,
from the words of my groaning?
- 2 O my God, I cry by day, but you do not answer;
and by night, but find no rest
- 3 Yet you are holy, enthroned on the praises of Israel.
- 4 In you our ancestors trusted;
they trusted, and you delivered them.
- 5 To you they cried, and were saved;
in you they trusted, and were not put to shame
- 6 But I am a worm, and not human;
scorned by others, and despised by the people.
- 7 All who see me mock at me;
they make mouths at me, they shake their heads;
- 8 'Commit your cause to the Lord; let him deliver—
let him rescue the one in whom he delights!'
- 9 Yet it was you who took me from the womb;
you kept me safe on my mother's breast.
- 10 On you I was cast from my birth,
and since my mother bore me you have been my God.
- 11 Do not be far from me, for trouble is near
and there is no one to help.
- 12 Many bulls encircle me,
strong bulls of Bashan surround me;
- 13 they open wide their mouths at me,
like a ravening and roaring lion.
- 14 I am poured out like water,
and all my bones are out of joint;
my heart is like wax; it is melted within my breast;
- 15 my mouth is dried up like a potsherd,
and my tongue sticks to my jaws;
you lay me in the dust of death.
- 16 For dogs are all around me;
a company of evildoers encircles me.

My hands and feet have shrivelled;
17 I can count all my bones. They stare and gloat over me;
18 they divide my clothes among themselves,
and for my clothing they cast lots.
19 But you, O Lord, do not be far away!
O my help, come quickly to my aid!
20 Deliver my soul from the sword,
my life from the power of the dog!
21 Save me from the mouth of the lion!
From the horns of the wild oxen you have rescued me.
22 I will tell of your name to my brothers and sisters;
in the midst of the congregation I will praise you:
23 You who fear the Lord, praise him!
All you offspring of Jacob, glorify him;
stand in awe of him, all you offspring of Israel!
24 For he did not despise or abhor the affliction of the afflicted;
he did not hide his face from me, but heard when I cried to him.
25 From you comes my praise in the great congregation;
my vows I will pay before those who fear him.
26 The poor shall eat and be satisfied;
those who seek him shall praise the Lord.
May your hearts live for ever!
27 All the ends of the earth shall remember
and turn to the Lord;
and all the families of the nations
shall worship before him.
28 For dominion belongs to the Lord,
and he rules over the nations.
29 To him, indeed, shall all who sleep in the earth bow down;
before him shall bow all who go down to the dust,
and I shall live for him.
30 Posterity will serve him;
future generations will be told about the Lord,
31 and proclaim his deliverance to a people yet unborn,
saying that he has done it.

The cross is brought forward as the musical prelude is played

Segue **Dean Di Woods**

Hymn **CP 127 When I survey the wondrous cross**

First Word	<i>Father, forgive them; for they do not know what they are doing</i>
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Reading **Luke 23: 32-38**

Two others also, who were criminals, were led away to be put to death with him. When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left.

Then Jesus said, ‘Father, forgive them; for they do not know what they are doing.’

And they cast lots to divide his clothing. And the people stood by, watching; but the leaders scoffed at him, saying, ‘He saved others; let him save himself if he is the Messiah of God, his chosen one!’ The soldiers also mocked him, coming up and offering him sour wine, and saying, ‘If you are the King of the Jews, save yourself!’ There was also an inscription over him, ‘This is the King of the Jews.’

Reflection

Cantata

Prayer Lord Jesus Christ,
As we kneel at the foot of your cross,
help us to see and know your love for us,
so that we may place at your feet
All that we have and are.
Amen.

Hymn **CP 259 Morning Glory**

Second Word <i>Truly I tell you, today you will be with me in Paradise</i>

Reading**Luke 23: 39-43**

One of the criminals who hung there kept deriding him and saying, 'Are you not the Messiah? Save yourself and us!' But the other rebuked him, saying, 'Do you not fear God, since you are under the same sentence of condemnation? Indeed we have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong.' Then he said, 'Jesus, remember me when you come into your kingdom.' Jesus replied, 'Truly I tell you, today you will be with me in Paradise.'

Reflection**Cantata****Prayer**

Jesus, crucified and risen,
You have turned a criminal's cross
Into release and reconciliation.
Let us who are marked with the cross
Be not ashamed to witness to you. Amen.

Hymn**CP 582 Take up thy cross**

Third Word <i>Woman, here is your Son</i>
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Reading**John 19: 25a-27**

Standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.

Reflection

Cantata

Prayer Crucified Saviour, naked God,
 you hang disgraced and powerless.
 Grieving, we dare to hope,
 As we wait at the cross
 With your mother and your friend.
 Amen.

Hymn **CP 104 At the cross her station keeping**

Fourth Word *Eli, eli, lema sabachthani*
My God, my God, why have you forsaken me?

Reading **Matthew 27: 39-46**
Those who passed by derided him, shaking their heads and saying, ‘You who would destroy the temple and build it in three days, save yourself! If you are the Son of God, come down from the cross.’ In the same way the chief priests also, along with the scribes and elders, were mocking him, saying, ‘He saved others; he cannot save himself. He is the King of Israel; let him come down from the cross now, and we will believe in him. He trusts in God; let God deliver him now, if he wants to; for he said, “I am God’s Son.” ’

The bandits who were crucified with him also taunted him in the same way. From noon on, darkness came over the whole land until three in the afternoon. And about three o’clock Jesus cried with a loud voice, ‘Eli, Eli, lema sabachthani?’

Reflection

Cantata

Prayer Gracious and merciful God,
for our sake your Son became incarnate
and suffered death upon the cross;
have mercy on all who have not known you
or who deny the faith of Christ crucified,
and take from us all hardness of heart
and contempt of your word;
for the sake of our Saviour Jesus Christ.
Amen.

Hymn CP 103 **And didst thou travel light**

Fifth word	<i>I am thirsty</i>
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Reading **John 19: 28-29**
After this, when Jesus knew that all was now
finished, he said, 'I am thirsty.' A jar full of sour wine
was standing there. So they put a sponge full of the
wine on a branch of hyssop and held it to his mouth.

Reflection

Cantata

Prayer O God, giver of life and health,
your Son Jesus Christ has called us
to hunger and thirst to see right prevail;
refresh us with your grace
that we may not be weary of well-doing;
for the sake of him who meets all our needs,
our Saviour Jesus Christ.
Amen

Hymn CP 112 - **My song is love unknown**

Sixth Word	<i>It is finished</i>
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Reading **John 19: 30**
When Jesus had received the wine, he said, “It is finished.”

Reflection

Cantata

Prayer Heavenly Father,
you see how your children hunger for food,
and fellowship, and faith.
Help us to meet one another’s needs
of body, mind and spirit,
in the love of Christ our Saviour.
Amen

Hymn **CP 120 O sacred head surrounded**

Seventh Word	<i>Father, into your hands I commend my spirit</i>
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Reading **Luke 23: 44-46a**
It was now about noon, and darkness came over the whole land until three in the afternoon, while the sun’s light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, ‘Father, into your hands I commend my spirit.’

Reflection

Cantata

Station 12 Jesus dies on the cross

Reading Luke 23: 44-46

It was now about noon, and darkness came over the whole land until three in the afternoon, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, 'Father, into your hands I commend my spirit.'
Having said this, he breathed his last.

Kyrie sung by the Choir

Final thoughts from Mary, the mother of Jesus.

**All pray: My Jesus,
have mercy on me for what my sins have done
to you and to others.
I thank you for your great act of love.
You have said that true love
is laying down your life for your friends.
Let me always be your friend.
Teach me to live my life for others,
and not fail you again.
In your name we pray, AMEN**

Hymn CP 108 – Glory be to Jesus

The bell is tolled 33 times for the 33 years of Jesus' life.

*You are invited to move to kneel or stand at the foot of the cross,
and you are welcome to remain in the church as long as you wish.*

When you are ready, please leave quietly.

We welcome you to join our
HOLY SATURDAY AND EASTER SERVICES

Holy Saturday, 30 March

7.00pm The great vigil of Easter.
 Eucharistic liturgy of new fire
 and Renewal of Baptism

Easter Sunday, 31 March

8.00am Eucharist
9.00am Eucharist, at Ormond Chapel
10.00am Choral Eucharist

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